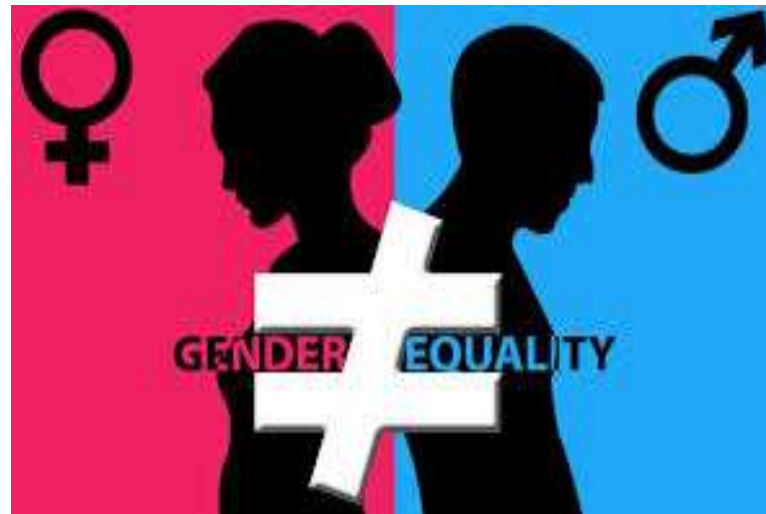


# SHAHEED MAHENDRA KARMA VISHWAVIDYALAYA JAGDALPUR



## SOS OF EDUCATION B.ED 4th SEMESTER



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TOPIC – IMPACT OF VIOLENCE ON LIVES OF WOMEN

# CONTENT

**STOP  
VIOLENCE  
AGAINST  
WOMEN**



- INTRODUCTION
- VIOLENCE AGAINST WOMEN
- TYPES OF GENDER BASED VIOLENCE
- IMPACT OF CONFLICT & VIOLENCE ON LIVES OF WOMEN
- EFFORTS TO DEAL WITH THE ISSUE OF VIOLENCE AGAINST WOMEN
- CONCLUSION



# INTRODUCTION

- Violence is not beneficial to any society. Since ancient times there is a history of violence in the world.
- Different tribes, states, countries have been continuously using violence to expand their power and authority.
- Violence has been the cause of destruction of every civilization and culture.
- Violence against women has also taken a widespread form in the global context.



# VIOLENCE AGAINST WOMEN

- Violence against women is a global problem occurring in every culture and social group.
- Violence affects the lives of millions of women and girls in all socio-economic classes around the world.
- It cuts across cultural and religious barriers and takes a variety of forms, from domestic abuse to the child marriages and female circumcision.
- But violence against women is largely unreported. Fear and stigma often prevent women from reporting incidents of violence or seeking assistance.





- According to UN General Assembly definition, 1993, “Any act of gender-based violence that results in or is likely in physical, sexual, psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or private life”



# TYPES OF GENDER BASED VIOLENCE

**Physical violence**



**Verbal violence**



**Psychological violence**



**Harassment, sexual harassment and Sexual Violence**



**Socio-economic violence**



**Domestic violence**



# IMPACT OF CONFLICT & VIOLENCE ON LIVES OF WOMEN

The impact of violence against women on their lives has been clarified through the following points:-

- Physical Effect :-

Not providing adequate nutritious food to women in various stages, due to which women become victims of undernutrition or malnutrition. Anaemia is mostly seen in women.

- Increase in mortality rate :-

The effect of violence against women is being seen in form of increase in female mortality. Maternal death, the percentage of death of girls is increasing.



- Increase in suicide :-

According to NCRB data, 5088 cases of abetment to suicide have been registered in 2019. Women are taking deadly steps like suicide due to constant stress and depression.

- Decreasing life expectation age :-

In most parts of the world, the average age of women is 78.9 years compared to the average age of 72.1 years for men. The ratio of males to females aged 85 and above is 220:100, while women are dying early.

- Dependency on male :-

Due to violence, women have to depend on men at every opportunity of life. In a democratic country like India, excessive dependence on men puts a question mark on women's independence.





- Psychological Effect :-

Women are suffering from psychological problems due to facing continuous violence. Women are surrounded by fear, stress, anxiety, depression, etc in various stages.

- Economic Effect :-

Women are not able to become self-reliant due to violence, women remain imprisoned in the house. Such women who are going out of the house for employment also has to face violence.

- Social Effect :-

A strange paradox is seen in Indian society, if a women is thrown out of the house or divorced or is a victim of rape, then such women need sympathy. It is seen with contempt rather than looking at it with hate or disdain.



- Hindrance in education :-

Girls are not allowed to study more in the family, they are not allowed to study away from home, even in tuition entry is not allowed. Due to which their education is completely hampered.

- Violation of fundamental rights :-

Freedom and equality have been provided to all in the Indian Constitution. It is clearly stated that no one shall be discriminated against on the basis of gender, religion, caste, etc. But the violence prevailing in the society is violating the fundamental rights of women & efforts are being made to deprive them of the basic rights as well.

- Indulging in immoral work :-

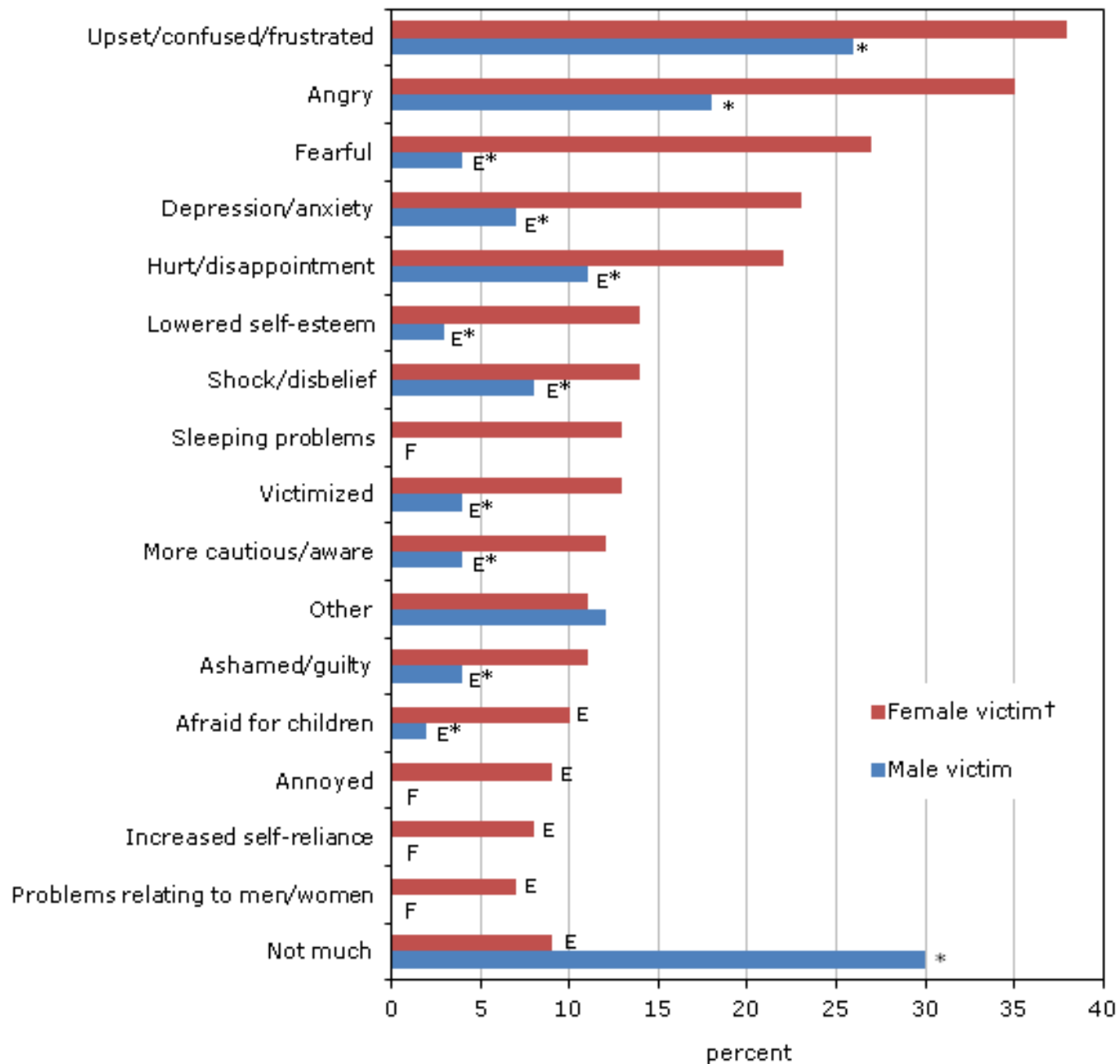
Women are gradually getting separated from the main stream of the society. Such women indulge in prostitution, begging, theft & other anti-social activities.



- Problem of coordination between family and workplace :-

Working women facing double violence, on the one hand there is a victim of physical and mental violence at the workplace & on the other hand in the family, due to which they remain physically and mentally unhappy & suffering. There is also a continuous decline in the efficiency of women due to both family and job.





# EFFORTS TO DEAL WITH THE ISSUE OF VIOLENCE AGAINST WOMEN

- Violence against women has been silently accepted by both male dominated society and women. While men consider violence against women as their dominance, women as destiny.
- Voices against violence against women have been raised in the past. Education and law have also played a big role in the prevention of violence against women.
- In a developing country like India, it is difficult to stop this type of violence only by making laws, for this it is necessary to develop public consciousness.
- Women as well as men have to come together to fight against violence.



The following efforts can be made to prevent violence against women, which are respectively:-

- Effective execution of law :-

The laws made by Government of India for the prevention of violence is fully capable of preventing violence. There is no dearth of laws in India, but the lack of comprehensive and effective implementation of the law is a big problem, due to which the violence is not being stopped.

- Development of public consciousness :-

Merely making and developing laws will not be enough, it is necessary to develop general public consciousness to stop violence against women. Street plays, meetings, seminars, workshops, etc should be organised for this.



- Increase in literacy rate :-

To prevent violence against women, all-round steps have to be taken to increase the literacy rate. Still about 40% of women are illiterate, so it is difficult to stop violence.

- Development of Self Help Groups :-

Self help group is trying to empower women financially. They are formed by women, through which production and marketing works are being done. Apart from this, loans are also being made available to women at reasonable interest.

- End of gender feeling :-

Gender feeling is prevalent in both men and women. It is necessary for everyone to understand that despite the biological differences between men & women, both have equal rights & the rights of a person cannot be limited on the basis of gender alone.



- Economic empowerment :-

According to Marxist concept, the possession of the means of production can be strengthened only by doing so. When women will be financially empowered, they will automatically try to be free from violence & become self-reliant.

- Through reservation :-

Women are exploited since ancient times, adequate reservation should be provided by the government for them to come forward. Reservation in local bodies elections & employment has also been implemented effectively but women's reservation bill is still pending in Lok Sabha and Rajya Sabha.

- To make strong NGOs :-

The role of NGOs is important in every society. Voluntary organizations should be established & given adequate encouragement.





- Knowledge of Women's rights :-

Most of the women in India are not aware of which rights have been given to them by the Indian Constitution and law. They have to inform that some fundamental rights are acquired by every woman from birth, which is given by the Indian Constitution. These rights cannot be violated by anyone.

- End of feudalistic society :-

Feudalism has ended in Indian society but feudal thinking is still alive. Women are neither property nor slaves, they are people, one who should be respected as a person. Women are also a strong base in the family.

- Change in patriarchy thinking :-

The masculine approach keeps women in a limited circle. The dominance of men ignores the interests of women. There is needs to be a change in this patriarchal mindset.



- Establishment of rehabilitation centers :-

Various types of rehabilitation centers should be established by the government & voluntary organizations for women who are abandoned, widows, victims of exploitation, etc. It should aim at bringing the victim women back into the mainstream.



# CONCLUSION

- Violence against women is a chosen action against a women or a girl child simply because of her gender.
- Violence against women cuts across race, religion, income, class and culture.
- Since violence against women has become a tradition and culture in Indian society, it will take more time to break into this culture & tradition and women will get their rights.
- As feminist groups have raised their voices for women's rights, the day is not far when women will be able to live in violent-free society.



